

Wilderness Camp in the Woods

Day 1: Shelter

We will cover having to deal with situations when emergency shelter is necessary and learn how to build natural shelters in the wilderness. We'll look at different types of shelter and what kit we can take into the field to use in day to day outdoor life.

Day 2: Fire & blades

One of the most important skills in outdoor environments is fire making, an ancient craft, it's needed for cooking, warmth, security, light and morale. We will learn various aspects of this highly essential skillset. We will also learn how to master knifecraft an essential skill for the outdoors, combining saw and other chopping tools.

Day 3: Water & food

In the wilderness, having a good knowledge of how and where to source water is our next vital skill, we will learn about finding sources, analysing and making safe drinking water. Food is our next important necessity, we will cover the first and fairly rapid options in the world of foraging, followed by how to obtain more substantial food using the art of trapping.

Days 4 - 5: Wilderness expedition

This is our overnight expeditionary experience, where we will put all our learnt skills into practice and consolidate them. We will also learn awareness in nature and the wilderness, looking at how we can navigate naturally in unfamiliar places and terrain. We will then move into the deeper woodland environment and have to setup camp for the night, where we will sit around the campfire cooking on the flames and enjoying traditional campfire activities.



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